

RACE GUIDE

Race three of the 2026 Harcourts Cooper & Co North Shore Run Series heads back to the ever-popular Navy Fields facility at Ngataranga Bay. Tucked away in a quiet pocket of historic Devonport, this unique venue delivers flat, fast roads, wide open spaces, and sweeping harbour views — with the Harbour Bridge sitting right in front of you on the start line. The course follows the classic North Shore Run Series five-kilometre lap, with race options across 5k, 10k, and 15k distances. Beyond the navy grounds, you'll cruise through leafy, villa-lined streets before looping through the scenic Ngataranga Park. A proper crowd favourite. Here's everything you need to know to be race-ready this Sunday...

EVENT DATE

18 JANUARY 2026

LOCATION

NAVY SPORTS FIELDS
 NGATARANGA BAY, AUCKLAND NZ
 36°49'23.55" S / 174°46'56.31" E

RACE DAY SCHEDULE

- 06:30 RACE SITE OPEN**
- 08:00 5K, 10K & 15K RUN**
- 08:03 5K & 10K WALK**
- 09:30 2K KIDS DASH**
- 10:00 AWARDS CEREMONY**
- 10:20 EVENT CLOSE (approx)**

RACE NUMBERS & MERCHANDISE

Before you can participate, you need to have your official Run Devonport race number with timing tag attached. Read on for full details of how to get yours:

- > **NSRS SERIES PASS** / You guys should already have received your race numbers for all four series events when you collected your series t-shirt. Look after those numbers - a fee is charged for replacements!
- > **SINGLE RACE ENTRY** / Collect your race number at any of the race pack pickup sessions listed below.
- > **LATE ENTRY** / Late Entry may be available (if not sold out prior) right up until the race starts (+\$5 on race morning). You can do it online via the event web site or on your phone, right from the queue! Payment can be made by credit card online or by paying cash/EFTPOS at the Late Entry desk.
- > **RACE PACK PICKUP SESSIONS:**
 SAT / 2pm-4pm: Race Venue, Navy Fields, Ngataranga Bay.
 RACE DAY / from 6:30am: Race Venue, Navy Fields, Ngataranga Bay.
- > **MERCHANDISE** / All Merchandise orders are available for collection during the PRE-RACE DAY race pack pickup sessions or **from 8:30am** on race day. Show your race number at the orange Merchandise tent (next to number pick up) to collect. You can also purchase additional merchandise items subject to availability (sorry, cash/credit only, no eftpos).

GETTING THERE

SUPER IMPORTANT!!!

Google Maps cannot direct you to the race venue as it is inside the controlled Navy area. Therefore, you need to decide in advance where it is you plan to park and navigate to that spot directly. You can then use Google's walking instructions to get to the venue if you are unsure of the way.

> **PARKING** / With our sincere thanks to NZ Navy, we are able to park on the western side of Navy Fields (weather permitting - check the Facebook page for updates). Check out the parking and road closure map on the web site for more info and directions. Be aware that venue parking is STRICTLY in by 7.30am, out after 10am. We do not anticipate this car park reaching capacity.

If you would prefer to leave earlier (or arrive later ?????!!) then the best street parking is in the Stanley Bay area. Once again, details are on the parking map on the web site.

> **PUBLIC TRANSPORT** / Public transport is limited on Sunday mornings but check online for bus timetables. The Devonport ferry terminal is 2.5km away and first ferry on a Sunday is 7.30am arrival so this would be a very tight schedule and is not recommended.

> **ROAD CLOSURES** / Sections of Cowper St, Mozeley Ave, Abbotsford Terrace and Victoria Rd (north end only) will be closed from 7:30am - 10am on race morning. Access to Jim Titchener Parade will be for navy personnel only during the event. Full details are on the parking/road closures map on the web site. We are extremely grateful to local residents, NZ Navy, Auckland Council and Auckland Transport for permitting these road closures for a safe and enjoyable event experience for all.

BEFORE YOU START

Not long to go now! The adrenaline is starting to kick in big time. Here's what you need to be thinking about now ...

- > **TOILETS** / Event porta-loos will be located in the small car park adjacent to the start line. These are convenient also for those continuing on to a second and third lap.
- > **GEAR DROP & KEY CHECK** / A self-service Gear Drop area is housed behind the red Gear Drop tents in the venue. Show your race number to enter/exit and select one of the numbered aisles to set your bag down. If you only have a set of keys to drop, a **Key Drop** container will be available at the Gear Drop entrance. Please ensure you label your keys with your race number.
Important! The Gear Drop area is not covered and your bags will be exposed to the elements.
- > **RACE NUMBER** / Your official race number - with timing tag attached to the back - must be worn on the front of your top throughout the event. Avoid folding or crumpling the electronic tag to ensure it works correctly and keep your bib with you after you finish if you want to be included in the spot prize draw.
- > **RACE BRIEFING** / A compulsory race briefing will take place at the start line a few minutes before the main start (around 7:55am). It is essential that you listen, understand and comply with the instructions given in the briefing, which will focus primarily on the safety of yourself and your fellow athletes.
- > **COMPETITIVE WALK** / To be included in the 10KM or 5KM Competitive Walk competition, athletes must:
 1. Register themselves in the Competitive Walk
 2. Start on the designated walk start gun (3 mins after runners)
 3. Walk at all times whilst completing the course.

DURING THE RACE

The Run Devonport course takes in a full lap of the Navy Sports Fields - including great views of the inner harbour and Harbour Bridge - followed by an out-and-back section through local historic suburbs and a loop of the tracks inside Ngataranga Park. The 5k loop is mostly flat and fast, with a short hill into/out of the suburbs. The 10k course is two laps of the circuit and the 15k is three laps. Be ready for the decision point near the end of each lap where you will be directed to bear left for the finish line or keep right and carry on for your next lap.

The kids take in a shortened course comprising one full lap of Navy Fields perimeter road with a short out-and-back to the naval base front gate.

> **COURSE MAPS** / Detailed course maps - in a variety of formats - are available from the event web site:
<https://rundevonport.werun.nz/course/>
 > **COURSE CHANGES** / The course for Run Devonport is unchanged from previous years..

> **AID STATIONS** / An aid station serving water and PURE sport hydration will be located half way around the loop in the north-eastern corner of Ngataranga Park. Another station - for 10k and 15km competitors only and serving only water - is right before heading out onto your next lap.

> **TIMING & RESULTS** / Live timing and race results will be online and updated throughout the day. To access live results, just look for the button on the front of the event web site during race weekend or scan the QR code on your race number to be taken directly to your personal result.

> **CUT OFF TIMES** / Marshals, aid stations, road closures and signage may all be withdrawn based on the 2hr event cut-off schedule. If you are unable to maintain this pace you will need to withdraw or proceed as a member of the public. We feel that every participant who makes it to the finish line is a winner and we will continue to record finish times and award finisher medals until the race site is cleared.

WHEN YOU FINISH

Hey legend! You made it ... now what???

> **FINISHER MEDAL** / Every legend that crosses the finish line in Metro PK Millwater will earn a HUGE, bright, and shiny Harcourts Cooper & Co Run Orewa finisher medal — featuring the bold first letter of each event location. This year's medals are striking, statement pieces that tie together the entire North Shore Run Series collection. Enter all 4 and collect the set!

> **REFUELLING** / Next up is the Refuelling Station - three blue tents of urgently needed re-supply! Fill up on water or Supa sport drink and grab a banana (please, only one per competitor). Now you're ready to find a spot on the grass and r-e-c-o-v-e-r!

> **FOOD & DRINK** / Harcourts Cooper & Co's amazing "coffee and cone" van will be on hand to serve up your favourite cup of joe or a tasty ice cream to help you cool down. All proceeds from Coffee & Cone go directly to charity. Onya Cooper & Co! Looking for something you can really get your teeth into? A dairy is right around the corner and local cafes are a short walk away.

> **AWARDS & SPOT PRIZES** / The Awards Ceremony will kick off at 10am sharp on the main stage, right in the heart of the event venue. Come along to acknowledge some of the great performances of the day and you might just be taking home your share of over \$3,000 of amazing spot prizes. Remember, you must be present in person - and be recorded on the spot prize mats - to be eligible. Keep your race number and listen for announcements around 15 minutes before the ceremony.

KEEPING SAFE

The safety of everyone involved in the event; participants, contractors, crew and the public, is our number one priority and we expect all participants to act in support of this.

> **DOGS** / We love our hairy, four-legged friends as much as you, but dogs are not allowed on the navy sports fields. Keep them at home for this one.

> **ON COURSE** / You must remain fully engaged in your environment at all times whilst participating. Look out for unexpected obstacles such as road medians, uneven surfaces, pedestrians or stray vehicles. Even when the road is closed, we cannot guarantee it will be traffic free. If you see a competitor in distress, stay with them and send a message to the next marshal.

> **MEDICS** / The amazing team from First Aid NZ will provide medical cover for our event. If you are feeling unwell as you finish, look out for their treatment area right after the finish line.

> **CAN'T MAKE IT?** / We get it. Things get in the way on race day and you can't make the race start line! You have the option to race virtually and still score the stunner medal! Head to the website for info on our virtual runs.
<https://help.werun.nz/virtual/>

> **UNSURE IN CROWDS?** / The mass participation aspect is very much a part of our event but if you are nervous or unsure in crowds, just hold back on the start line for a few minutes and you'll find the crowds disperse quickly and you can still participate.

**IF THERE IS A LIFE THREATENING EMERGENCY,
 ASK SOMEONE TO CALL 111**

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RUNNING EVENTS